

Medical and Health Related Clinics for the Uninsured and Underinsured

In Dauphin, Cumberland, and Perry Counties

Winter 2012



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Introduction

Pick up the newspaper on any given day. You are likely to find at least one article addressing the needs of America's uninsured or underinsured population, or the impact of rising costs of health care and prescriptions on low- and middle-income America. The growing costs of insurance, medical care and prescription medications are creating difficult decisions for an increasing number of people. Do you buy food, heating oil, or pay for a doctor's visit? Do you pay the rent, buy gas to drive to work, or refill your prescription? For many families who cannot afford insurance coverage but earn too much to qualify for public benefits, a routine illness can wreak havoc on family finances. For others, routine and chronic illnesses go untreated until they become so serious that a visit to a hospital emergency room is their only recourse.

Access to health care doesn't only affect America's low-income citizens. Employers find themselves unable to bear the full cost of medical insurance for their employees, creating hardships for middle class America as well. Contributions mean larger deductions from employee paychecks and increased employee co-pays for medical and dental care and prescription coverage. This is an already tight budget that is at a near breaking point.

Fortunately, there are resources within the Capital Region for individuals who normally would not be able to access health care. This guide, while not all-inclusive, provides contact information for many of the organizations in our area that are available to assist those who may not be able to access health care, either because they lack insurance or do not have the financial means to pay for care.

We hope this guide will be helpful to all of you in your quest to find affordable health care.

MEDICAL CLINICS

Dauphin, Cumberland, and Perry Counties

HARRISBURG AREA COMMUNITY COLLEGE DENTAL HYGIENE CLINIC

Services Available:

- Oral Health Assessment
- Blood Pressure Assessment
- Oral Cancer Screening
- Periodontal Evaluation
- Selective Polishing
- Fluoride Therapy
- Prosthetic Cleaning
- Tooth Whitening
- X-rays (Types available are Panorex, Bitewings, Full Mouth Series, Digital Radiography, Orthogonal)
- Oral Health Education
- Nutritional Counseling
- Conservative Periodontal Therapy
- Sealants

Please Note:

- All services are supervised by licensed dental hygienists and dentists.
- Services provided do not replace regular exams by a dentist.
- Individuals with compromised medical histories may be asked for a physician's clearance prior to dental hygiene care.
- Students are provided with a thorough knowledge and understanding of infectious diseases, the mechanism of disease transmission, the OSHA blood-borne standards, and CDC guidelines for infection control
- Services provided take longer than the average appointment at your dentist. Please remember this is a teaching facility.

Fees:

- Patients seen at reduced fees
- Senior Citizen discount
- HACC student discount with ID

Location: Select Medical Health Education Pavilion Room 102

HACC Harrisburg Campus
One HACC Drive
Harrisburg, PA 17110

Phone: (717) 780-2441

Hours: Monday through Friday, 8:30 – 11:30 a.m. and 1:30 – 4:30 p.m.
Tuesday and Thursday evenings, 6 – 8:30 p.m.

PENNSYLVANIA DEPARTMENT OF HEALTH STATE HEALTH CENTERS

Summary: Community Health Clinic

Services: Provides tuberculosis (TB) testing, treatment and follow-up for children and adults with TB disease and TB infection; immunization clinics for children and adults; HIV testing and counseling; STD testing, treatment and follow-up; home visits or maternal/child health; monitoring of communicable diseases; and health education programs.

Fees: \$5 fee for childhood immunizations (financial eligibility accepted).

Cumberland County

Location: 425 East North Street
Carlisle, PA 17013-2693

Phone: (717) 243-5151

Hours: Monday – Friday 8 a.m. – 4:30 p.m.

Dauphin County

Location: 30 Kline Plaza
Harrisburg, PA 17104

Phone: (717) 346-1470 or (717) 346-1471

Hours: 8 a.m. – 4 p.m., Monday – Thursday
Call for availability Friday – Sunday

Perry County

Location: 153 Red Hill Road
Newport, PA 17074

Phone: (717) 567-2011

Hours: Monday – Friday 8 a.m. – 4:30 p.m.

Dauphin County

BETHESDA MISSION MEDICAL CLINIC

Services are only provided to homeless families and individuals within the community and residents of the Mission. Medical services are provided by volunteer medical professionals Tuesday and Thursday evenings.

Location: 611 Reily Street
Harrisburg, PA 17105

Phone: (717) 257-4440 for an appointment

Hours: By appointment

COMMUNITY CHECK-UP CENTER

The Community Check-Up Center provides quality healthcare to uninsured and underinsured individuals within the South Harrisburg area. No one will be turned away due to inability to pay. The center is within walking distance to over 2,500 public housing residents and more than 3,500 Medicaid-eligible children who live within this area.

The Women's Center provides high quality service for GYN patients. It provides STD/HIV testing for men and women and one on one counseling and prevention services.

The Center's goal is to provide healthcare and information to residents about the programs available to assist them to improve their lives and to ensure that every child has adequate health care. The clinic also provides education in literacy, the prevention of drug and alcohol abuse, and enhancing self-esteem, which contribute to the over-all well being of patients.

Location: 38C Hall Manor
Harrisburg, Pennsylvania 17104
Phone: (717) 233-1700
Website: www.communitycheckupcenter.org

Schedule of Services:

Pediatrics: Monday – Friday, 8:30 a.m. - 4:30 p.m., Women: Tuesday and Friday, 9 a.m. – 4:30 p.m.

DAUPHIN COUNTY GENERAL PHYSICAL EXAMINATIONS (EPSDT)

The Early Periodic Screening, Diagnosis, and Treatment (EPSDT) Program is the child health component of Medicaid. It's required in every state and is designed to improve the health of low-income children, by financing appropriate and necessary pediatric services.

Services: Health screening by physical examination including follow-up and referral for further treatment. Early periodic screening diagnosis and treatment (EPSDT).

Eligibility: Medical and/or public assistance applicants, ages: birth through 21 years old.

Fees: None

Location: Dauphin County Assistance
2432 North 7th Street, Harrisburg, PA 17110
Phone: (717) 787-2324
Hours: Monday – Friday, 8 a.m. – 5 p.m.

HAMILTON HEALTH CENTER

Hamilton Health Center is a non-profit community based health organization that provides comprehensive primary health, oral, mental health and substance abuse services to persons of all ages. Hamilton Health Center is not a free clinic, but it provides services to all persons regardless of ability to pay. The clinic charges for services on a sliding-fee scale that is based on patients' family income and size.

Services include:

- Internal Medicine
- OB/GYN
- EPSDT
- Cardiology
- Laboratory
- Walk-in Clinic
- Family Planning
- Preventive Dentistry
- Removable Prosthodontics (Dentures & Partials)
- Pediatrics
- Nurse Midwife
- Podiatry
- X-Ray
- Pharmacy
- Surgical Clinic
- Counseling
- Restorative Dentistry (fillings)
- Emergency Care & Extractions

Clinic Locations:

Hamilton Health Center has created a new center to centralize its services. All services are in the process of relocating to this center. If there are any questions please call Hamilton Health Center. The new primary center is located at:

110 South 17th Street.

Harrisburg, PA 17104-1522

Phone: (717) 230-3909, Appointments needed (24-hour answering service)

Primary Dental: 1650 Walnut Street
Harrisburg, PA 17103

Phone: (717) 230-3958

Primary WIC: 500 Kelker Street
Harrisburg, PA 17102-1530

Phone: (717) 230-3979

Hours:

Adult Medicine: Monday – Thursday, 7:30 a.m. – 8 p.m.; Friday 8 a.m. – 5 p.m.

Pediatrics: Monday – Friday 8:30 a.m. – 5 p.m.

Women's Services: 8:30 a.m. – 5 p.m.

Web site: <http://www.hamiltonhealthcenter.com/>

HOLY SPIRIT MEDICAL OUTREACH

The Medical Outreach Service staff provides free medical care to those in need in Harrisburg's Allison Hill neighborhood. A part of Holy Spirit Hospital, the Medical Outreach Service is a free, drop-in clinic open weekdays from 11:30 a.m. – 2:30 p.m. This is a nursing clinic, with no doctors on the premises. The nurses can perform basic physical assessments, health education, and some limited assistance with social service liaison, medication assistance and the provision of items necessary for health, such as blankets, hygiene items, underwear, etc. The clinic also offers basic first aid, assessment, simple lab studies such as TB testing flu and pneumonia immunizations.

The Medical Outreach Service also functions as a hospitality site for the homeless. Those who wish are welcome to sit and read, chat, use the phone and have coffee. The staff is fluent in English, Spanish and French, and is currently learning Arabic. No appointments are needed and all services are provided free of charge.

Location: 124 South 13th Street (inside Christ Lutheran Church)
Harrisburg, PA

Hours: Monday – Friday, no appointments necessary
Monday, Wednesday, Friday, 10:30 a.m. – 2:30 p.m.
Tuesday and Thursday 11:30 a.m. – 2:30 p.m.

Phone: (717) 260-9320 or (717) 763-2507

Web site: <http://www.pcvsoftware.net/christlutheran/index.html>

HOPE WITHIN COMMUNITY HEALTH CENTER

Hope Within Community Health Center provides free, primary healthcare services to the medically uninsured of Lancaster and Dauphin Counties in Pennsylvania. They work closely with medical specialists and health care organizations outside their facility for medical follow-up care when needed.

Hope Within Community Health Center offers general primary health care services for children and adults including routine well-care with disease prevention screening and immunization as indicated, women's health, non-emergent acute care, and continuity care management of chronic medical conditions. They do not provide dental services, vision care, obstetric or pregnancy care beyond initial evaluation, or emergency medical care.

Eligibility

To be eligible for services, the following requirements apply:

1. Patients are medically uninsured, and
2. Patients reside in Dauphin or Lancaster County, and
3. Family income is under 250 percent of the Federal Poverty Level.

Location: 4748 Harrisburg Pike
Elizabethtown, PA 17022

Phone: (717) 367-9797

Hours: Please see website for current office hours

Web site: www.hopewithin.org

MISSION OF MERCY

Mission of Mercy serves nine communities in two states. In each of these communities, Mission of Mercy partners with a church, or other centrally located community organization, where the mobile clinic arrives and is operated on a regularly scheduled basis.

Mission of Mercy clinics seek to provide a continuum of care, not just emergency or screening services. They are fully equipped to diagnose and treat conditions ranging from acute to chronic illnesses. Like a primary care physician, Mission of Mercy doctors can provide basic or specialty care, including:

- Cardiovascular
- Gastrointestinal
- Musculoskeletal
- Glandular
- Respiratory
- Genitourinary
- Skin Conditions
- Psychiatric

Prescription Medication

Mission of Mercy dispenses free prescription medications *only to those patients who are treated at their clinics*. The formulary contains over 225 types of medications and each patient averages two or more free prescriptions per visit. Prescriptions are provided on-site, immediately after treatment.

Dental Care

Mission of Mercy's dental program is fully mobile, operating with a portable treatment chair, x-ray machine, light, high-speed autoclave, multiple sets of prepackaged instruments, hand tools, compressor, and auxiliary electric generator. Along with fillings and extractions, visits also include a dental exam, x-rays and instruction on proper dental hygiene. When available, toothbrushes and dental floss are also provided.

Diagnostic Services

The following diagnostic services are offered on site:

- Temperature and Blood Pressure
- Hemoglobin
- Urine Dipstick Analysis
- Potassium Hydroxide Prep
- Fecal Occult Blood
- Oxygen Saturation
- Visual Acuity Testing
- Finger Stick Blood Glucose and Cholesterol
- Microscopic Wet Prep
- Urine Pregnancy Tests
- Electrocardiogram
- Peak Respiratory Flow Rates

Additional diagnostic services, including blood work, MRIs, X-rays and more, are provided at no charge to Mission of Mercy patients.

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How to Access Care

Existing Mission of Mercy patients may make appointments at the clinic or call the appointment number listed for each of the clinics. The appointment lines are staffed by volunteers, so callers are often instructed to leave a detailed message and they will receive a return call. Generally, appointments are booked four to six weeks in advance.

Mission of Mercy does not take appointments for new patients. New patients must first be seen as a walk-in, of which, Mission of Mercy takes a limited number each day. To be seen as a walk-in, patients must arrive well before the clinic opens and line up to register. Because the daily demand at each clinic varies and impacts what time walk-in patients should arrive, patients should arrive as early as possible, usually no later than 7 a.m.

Dental patients are seen only on a walk-in basis. Eight or nine patients are treated each dental clinic day. To confirm that a dentist will be available, patients can call Mission of Mercy's administrative office at (301) 682-5683 or (717) 642-9062.

Location: Christ Lutheran Church
124 South 13th Street
Harrisburg, PA 17104
Phone: (717) 972-4993
Clinic Schedule: Served twice monthly, Friday
Web site: <http://www.amissionofmercy.org/>

Cumberland and Perry Counties

HEALTH SHARE

Health Share is a non-profit partnership of medical and health professionals, pharmacists, and community agencies attempting to assist uninsured and underinsured individuals and families who have inadequate resources to access necessary non-surgical medical services and medications.

When an individual or family needs urgent medical care and they reside in the communities listed below they may be referred to the intake site for their area. Referrals to social services agencies are completed by physician offices, Holy Spirit Hospital, schools and other agencies.

To become eligible for Health Share services the individual will need the following:

- 1) Financial documentation in the form of copies of 30 days of recent pay stubs, unemployment compensation records, tax returns, etc. If they are not receiving any income they will be asked to sign a form that states they do not receive any income.
- 2) Apply for Medical Assistance (MA):
 - a) If they have never applied they will need to apply for MA.
 - b) If they have applied for MA and have been denied in the past six months they will be asked to provide a copy of the denial letter.
 - c) They will be referred for Health Share services as long as they are eligible for services based on their finances. As soon as they learn their MA status, they are to let the intake worker know or provide the denial letter as soon as possible. Health Share services will not be delayed until the individual's MA status is determined. However, if the patient does not provide the necessary information they will be terminated from the program.

Phone: (717) 972-7914

Locations:

Eastern Cumberland County – Two intake sites are available:

1. New Hope Ministries
15 State Road
Mechanicsburg, PA 17050
Phone: (717) 766-7333
2. Community Action Commission
125 North Enola Drive #204 B
Enola, PA 17025
Phone: (717) 732-1944

Eastern Perry County – Residents of the Susquenita, Greenwood, and Newport Area school districts may apply at:

1. Community Action Commission, Newport
129 Market Street
Newport, PA 17074
Phone: (717) 567-6515

SADLER HEALTH CENTER

Medical/Dental

Sadler Health Center Corporation provides primary and preventative medical and dental health care services for residents of all ages. Sadler programs are targeted to meet the needs of the uninsured, underinsured, Medicaid and Medicare populations. These programs include the Early and Periodic Screening, Diagnosis and Treatment (EPSDT) Program for Children, Pennsylvania Vaccines for Children, the HealthyRx Program, and the Healthy Woman Program. Programs provided for Sadler Health Center Corporation patients by outside medical partners include HIV/AIDS screening and treatment, HIV/AIDS counseling, Healthy Woman referral, and after hours coverage for patients.

HealthyRx Program

In support of their medical and dental services, the HealthyRx Program was established through the generosity of the Carlisle Area Health and Wellness Foundation to help uninsured patients in obtaining the necessary life sustaining medications they need to improve their quality of life

The Sadler Health Center provides the following services:

- Family Health Services
- HealthyRx Program
- HIV Testing and Treatment
- Prescription Services
- Tobacco Cessation
- Dental Services
- Vaccines for Children
- Healthy Woman
- Mental Health Services
- Health Education Programs

The Sadler Health Center provides services to:

1. Those enrolled in the Medical Assistance Program (Medicaid) and who are enrolled in Unison, Gateway, or Amerihealth Mercy, Unison Adult Basic, CHIP and some private insurance.
2. Those enrolled in Medicare.
3. Those who have no insurance (sliding fee schedule in effect).

** Uninsured Patients are required to bring proof of total household income every time they come to the clinic. All uninsured patients eligible for the sliding discount will pay a minimum fee (\$5-\$20, income related) **cash** for each visit.

Location: 100 North Hanover Street
Carlisle, PA 17013

Phone: (717)218-6670 or toll free: 1-866-Sadler-7

Web site: <http://www.sadlerhealth.org/>

MENTAL HEALTH SERVICES

Dauphin, Cumberland, and Perry Counties

PRESSLEY RIDGE BEHAVIORAL HEALTH SERVICES

Pressley Ridge of Central Pennsylvania is dedicated to promoting, supporting and strengthening the quality of life for individuals, families and communities. They provide a wide range of services – from in-home services to counseling, adoption to school-based programs – in Adams, Cumberland, Dauphin, Juniata, Lancaster, Perry and York counties.

The mental health professionals at Pressley Ridge of Central Pennsylvania offer office-based outpatient services for adults, adolescents, children, couples and families that include evaluation and treatment for a range of emotional and mental health issues.

Fees

Pressley Ridge of Central Pennsylvania accepts many types of private insurances, including Employee Assistance Programs (EAPs). They also accept Medicaid and Medical Assistance. Services are provided on a sliding fee scale according to income.

Location: 121 Locust Street
Harrisburg, PA 17101

Phone: (717) 238-8118

Web site: www.fandcs.org or www.pressleyridge.com

Dauphin County

CATHOLIC CHARITIES

In 1928, Catholic Charities established its first office in York. Since then, it has operated counseling offices in major population areas throughout the fifteen-county Diocese. Six counseling offices are located in Chambersburg, Harrisburg, Lancaster, Lebanon, Coal Township, Danville and York.

All of the counseling offices provide a variety of individual and family counseling services, including:

- Professional counseling in a wide spectrum of problem areas - mental health, child rearing, pregnancy, adoption, depression, anxiety, physical and marital abuse and other related problems
- Referral to other services provided in the surrounding community should specific-needs arise
- Coordination with other Catholic Charities' services, such as adoption or maternity care or other Diocesan programs
- Additional or ancillary services provided in the form of group therapy programs, participation in coalitions, task forces, etc. based upon local needs

Fees

All counseling services are on a sliding fee scale. Each case is determined individually. No one is denied services due to inability to pay.

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Eligibility

Any individual or family is eligible for counseling services. Services are offered to all persons without regard to race, religion, gender, age, condition, or ability to pay.

Location: 223 North Street
Harrisburg, PA 17101-1180
Phone: (717) 233-7978
Hours: Monday – Friday, 8:30 a.m. – 5 p.m.
Web site: www.hbgdiocese.org

Cumberland and Perry Counties

DIAKON FAMILY LIFE SERVICES

With an emphasis on promoting relationships by using a positive approach that builds family strengths, Diakon Family Life Services helps clients to handle challenges and emotions ranging from life-threatening situations and addictions to vague feelings that life could be better.

Services include:

- Relationships
- Parenting
- Personal Crises
- Loss and Grief
- Separation or Divorce
- Substance Abuse
- Stress, Anger, or Other Difficult Emotions
- Work Issues

Counseling is available for adults, children and teens. To meet children's special needs, services include children's and play therapy, as well as individual and family therapy.

Center staff members include those certified in addictions counseling. Diakon Family Life Services – Capital Region also offers a range of specialized programs in the treatment of reactive attachment disorder.

Center-based services are strategically located in Mechanicsburg and Carlisle. Diakon Family Life Services – Capital Region accepts most major insurance plans, participates in Medicaid and Medicare programs, and offers a sliding-fee scale for those with limited financial resources.

Location: 960 Century Drive
Mechanicsburg, PA 17055-0707
Phone: (717) 795-0300 or Toll Free: (877) 342-5667
Web site: www.diakon.org

Cumberland and Perry Counties

NHS STEVENS CENTER

NHS Stevens Center is a community Mental Health Center located in Carlisle, PA. We primarily serve residents of Cumberland and Perry counties. Payment depends on type of service but the agency generally takes Medicare and Medicaid. The center also works with individuals from Cumberland or Perry counties without insurance, who meet eligibility guidelines, at little to no cost for the individual.

Services include:

- Outpatient Mental Health Services for children, adolescents, and adults to include outpatient therapy and psychiatric care, with offices in Carlisle and Shermansdale
- Partial Hospitalization Program for adults
- Supported Living Program for adults
- Residential Program for adults
- Assertive Community Treatment Team for adults
- Social and Psychiatric Rehab for adults from the Carlisle area
- Supported Employment Services for adults
- Peer Specialist Services for adults
- Case Management Services, including Administrative Case Management, Resource Coordination, and Intensive Case Management
- Transitional Coordinator services for older teens
- Outpatient Drug and Alcohol Counseling for ages 13 and up
- Behavioral Health Rehabilitation Services for children
- Family Based Mental Health Services for children

Eligibility, fee schedule and participating insurance vary by service. For more information, please call the intake office at (717) 243-6033.

Location: 33 State Avenue
Carlisle, PA 17013

Phone: (717) 243-6033

Hours: Monday-Wednesday, 8 a.m. – 7 p.m.
Thursday, 8 a.m. – 8 p.m.
Friday, 8 a.m. – 5 p.m.

MEDICATION ASSISTANCE, MEDICAL EQUIPMENT, & SUPPLIES

Dauphin, Cumberland, and Perry Counties

CHRISTIAN CHURCHES UNITED HELP OFFICE

Christian Churches United/HELP provides emergency services to thousands of people each year. Emergency services include food referrals, emergency shelter, rent assistance, home heating fuel, PPL assistance, travel, medical supplies, prescription assistance, furniture and clothing referrals. These services are provided in collaboration with many resources, including churches, foundations, government and private dollars.

Location: 413 South 19th Street
Harrisburg, PA 17104
Phone: (717) 230-9550
Web site: <http://www.ccuahbg.org>

GRACE UNITED METHODIST CHURCH MEDICAL LOAN CLOSET

The Grace United Methodist Church provides medical equipment loans to anyone located within Central Pennsylvania. Loaned equipment includes: wheelchairs, walkers, crutches, canes, commodes and other small articles available for private use.

Fees: None

Location: 309 Herman Avenue
Lemoyne, PA 17043
Hours: Monday – Friday, 8:30 a.m. – 5 p.m.
Phone: (717) 763-7632

Dauphin County

AMERICAN RED CROSS MIDDLETOWN AREA CHAPTER

The American Red Cross Middletown Area Chapter provides individuals who reside in Middletown Borough with free loaned medical equipment. Medical equipment that is available for loan includes: walkers, canes, crutches and wheelchairs. Equipment can be loaned for up to one month; extensions for longer usage are available.

Fees: None

Location: 60 West Emaus Street
Middletown, PA 17057
Time: Monday – Friday, 9 a.m. – 2:30 p.m.
Phone: (717) 948-3041

Cumberland and Perry Counties

CAMP HILL BOROUGH MEDICAL EQUIPMENT LOAN PROGRAM

Camp Hill Borough provides a medical equipment loan program, which includes assistive technology loan medical equipment and supplies. The program allows for a two month loan period for medical equipment including wheelchairs, quad canes, walkers and portable toilets.

Fees: None

Location: 2145 Walnut Street, Camp Hill, PA 17011

Time: Monday – Friday, 8 a.m. – 4:30 p.m.

Phone: (717) 737-3456

HIGHLAND WOMENS CLUB HOSPITAL LOAN SERVICE

The Highland Women's Club Hospital provides free medical equipment loans for private use. The hospital loan service includes small medical equipment, wheelchairs, crutches, bed pans, etc. (No hospital beds). Loans are for 90 days, with an opportunity to re-new.

Fees: None

Location: 2233 Gettysburg Road, Camp Hill, PA 17011

Time: Monday – Friday; 8 a.m. - 4 p.m.

Phone: (717) 975-7575

JOIN HANDS MINISTRY

Join Hands Ministry acts as a contact and support center for persons living in Perry County who are seeking assistance with daily living concerns. Referrals are accepted from all sources (churches, agencies, individuals), with no referral restrictions beyond Perry County residency.

The program loans and delivers durable medical equipment and supplies such as wheelchairs, walkers, and crutches. Assistance is available with the cost of life sustaining prescription medication (including diabetic medication, seizure medication, antibiotics, and mental health medication) as well as doctor's appointments, dental visits, tooth extractions, hearing aids, dentures, prescription eye glasses if under or uninsured. Diagnostic and TB testing, medicals and physicals for children and adults are also provided. They are a COMPASS provider and can direct referrals to PACE.

The program also provides assistance with meeting emergency needs such as medial transportation, work transportation, basic automobile repair, short notice child care, and similar assistance for individuals and families.

Location: New Bloomfield Boro Building
25 East McClure Street
New Bloomfield , PA 17068

Time: Monday – Friday, from 8:30 a.m. - noon to respond to inquiries. Afternoon, evenings and weekends by appointment only

Phone: (717) 582-7844

Web site: <http://joinhandsministry.com>

NEW HOPE MINISTRIES

New Hope Ministries assists low-income families and individuals from Eastern Cumberland and Northern York counties, who live at or below 150 percent of federal poverty guidelines. Assistance with basic life essentials includes: food, housing, healthcare (prescription, medical, dental and eye care), fuel, utilities and transportation.

Many additional services are provided through a network of partnerships New Hope has forged over the years, including those with local business owners, physicians, dentists, pharmacists, and local fuel and utility companies. New Hope is a critical liaison for clients to access assistance from other community resources. Clients receive financial and budget counseling, goal-setting, and emotional support to assist them in achieving long-term stability.

Location: Mechanicsburg West Shore Center
15 State Road
Mechanicsburg, PA 17050

Phone: (717) 766-7333

Web site: www.nhm-pa.org

WEST SHORE SENIOR CITIZEN CENTER

The West Shore Senior Citizen Center provides free medical equipment and supply loans including: wheelchairs, walkers, crutches, canes and commode chairs. Supplies are not limited to seniors.

Fees: None

Location: 122 Geary Avenue
New Cumberland, PA 17070

Time: Monday – Friday, 9 a.m. – 3 p.m.

Phone: (717) 774-0409