


# Cumberland County Resource Guide for Early Educators



**SUCCESS BY 6**  
The Early Childhood Initiative of  
**LIVE UNITED**   
UNITED WAY OF CARLISLE & CUMBERLAND COUNTY  
145 SOUTH HANOVER STREET, CARLISLE PENNSYLVANIA 17013  
717-243-4805 • FAX 717-243-8005 • [www.carlisleunitedway.org](http://www.carlisleunitedway.org)

## CUMBERLAND COUNTY RESOURCE GUIDE FOR CHILD CARE PROVIDERS

This directory was provided to us by **Success By 6, The Early Childhood Initiative of Live United**  
**United Way of Carlisle & Cumberland County** / 145 South Hanover Street, Carlisle PA 17013  
717-243-4805 / Fax 717-243-8005 / [www.carlisleunitedway.org](http://www.carlisleunitedway.org)

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AGENCY NAME	SERVICE(S) PROVIDED	ADDRESS/PHONE NUMBER
<b>ADOPTION SERVICES</b>		
ADOPTION SERVICES	Adoption services for prospective parents and birthmothers/fathers including counseling, placement, education, long-term support and child referral.	28 Central Boulevard Camp Hill, PA 17011 <a href="http://www.adoption-services.org">www.adoption-services.org</a> (800) 943-0400 (717) 737-3960
CATHOLIC CHARITIES ADOPTION & FOSTER CARE	Adoption services for prospective parents and birthmothers/fathers including counseling, placement, education, long-term support and child referral. International adoption available.	939 East Park Drive Harrisburg, PA 17111 <a href="mailto:www.ccfostercare@hbgdiocese.org">www.ccfostercare@hbgdiocese.org</a> (717) 564-7115
DIAKON FAMILY LIFE SERVICES	Adoption placement of children with special needs. Support groups and individual counseling available.	960 Century Drive Mechanicsburg, PA 17055 <a href="http://www.DIAKON.org">www.DIAKON.org</a> (866) 700-6898 (717)795-0330
<b>ARTHRITIS</b>		
ARTHRITIS FOUNDATION CENTRAL PENNSYLVANIA CHAPTER	Child support groups, activities, camps, physician referrals, literature, books, videos, curriculum material for teachers and mini walks for smaller daycares are available.	3544 North Progress Avenue Suite # 204 Harrisburg, PA 17110 <a href="http://www.arthritis.org">www.arthritis.org</a> (800) 776-0746 (717) 763-0900
<b>ASTHMA</b>		
AMERICAN ACADEMY OF ASTHMA ALLERGY & IMMUNOLOGY	A medical information line in which information about asthma, allergies, medication and referrals is given to the caller.	555 East Wells Street Suite 1100 Milwaukee, WI 53202 <a href="http://www.aaaai.org">www.aaaai.org</a> (414) 272-6071
AMERICAN LUNG ASSOCIATION OF PA – CENTRAL REGION	Provides educational material including workshops, videos, books and speakers. Advanced notice is required with speakers.	3001 Old Gettysburg Road Camp Hill, PA 17011 <a href="http://www.lunginfo.org">www.lunginfo.org</a> (717) 541-5864
<b>ATTENTION DEFICIT/HYPERACTIVITY DISORDER &amp; AUTISM</b>		
CAPITAL AREA INTERMEDIATE UNIT	Counseling, therapy and assessments available for individuals and families dealing with ADD/ADHD. There is also an Early Intervention/Preschool Program.	55 Miller Street Summerdale, PA 17093 <a href="http://www.caiu.org">www.caiu.org</a> (800) 244-2425 (717) 732-8400

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FEINGOLD ASSOCIATES OF THE KEYSTONE STATE IN PA	Using the Internet to search out programs and workshops about food relationships with ADD/ADHD and other learning disabilities available.	15 Country Club Road Carlisle, PA 17013 Sarah Roley <a href="http://www.Feingold.org">www.Feingold.org</a> (800) 321-3287 (717) 249-7653
<b>AUTOMOBILE/VAN ADAPTATIONS</b>		
CHRYSLER MOTOR ADAPTIVE EQUIPMENT CENTER	An information hotline that provides literature and suggestions about equipment to the caller.	INFORMATION LINE (800) 255-9877
<b>BEREAVEMENT &amp; DEATH</b>		
HIGHMARK CARING PLACE	Weekly or bi-weekly support groups for children and youth dealing with the death of a loved one. Support groups are also available for adults.	3 Walnut Street, Suite 200 Lemoyne, PA 17043 <a href="http://www.highmarkcaringplace.com">www.highmarkcaringplace.com</a> (866) 613-4673 (717) 302-8411
<b>BREASTFEEDING</b>		
CARLISLE REGIONAL MEDICAL CENTER WOMEN'S CENTER	A breastfeeding discussion group about breastfeeding. Meets twice a month. See <a href="http://www.carlislermc.com/classes-and-programs">www.carlislermc.com/classes-and-programs</a> .	361 Alexander Spring Road Carlisle, PA 17013 Tammy Rohm (717) 960-3409
LA LECHE LEAGUE OF PENNSYLVANIA DISTRICT OF SOUTH CENTRAL PA	Breastfeeding support, information and meetings. Phone help is also available.	3568 Green Street Harrisburg, PA 17110 <a href="http://www.llli.org">www.llli.org</a> (717) 238-0223
<b>CANCER</b>		
AMERICAN CANCER SOCIETY – SOUTH CENTRAL PA REGION	Provides information and education about cancer and detecting it. In addition health care referrals are also available.	3211 North Front Street Suite 100 Harrisburg, PA 17110 <a href="http://www.cancer.org">www.cancer.org</a> (888) 227-5445
<b>CEREBRAL PALSY</b>		
CAPITAL AREA CHILDREN'S CENTER	Advocacy and support, referral connections, support groups, and information are all available to parents. Also, a lending library, daycare, and a community links website are available for use.	44 South 38 <sup>th</sup> Street Camp Hill, PA 17011 (717) 975-0611

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CHILD ABUSE		
CHILDLINE & ABUSE REGISTRY	Childline records suspected abusers. Referrals and other information are also available.	Department of Public Welfare Box 2675, Hillcrest, Bldg. 53 Second Floor Harrisburg, PA 17105 (800) 932-0313 (717) 783-8744 (717) 783-1964
CUMBERLAND COUNTY CHILDREN & YOUTH	Counseling and intervention services are available for children and case management is available for families.	Human Services Building Suite 200 16 West High Street Carlisle, PA 17013 <a href="mailto:www.cccy@ccpa.net">www.cccy@ccpa.net</a> (888) 697-0371 (717) 240-6120
CHILD CARE RESOURCE & REFERRAL		
CHILD CARE NETWORK, INC.	Customized referrals to registered/licensed childcare providers. Assistance in understanding types of childcare and how to select a provider is also available.	1779 W. Trindle Road Suite 201 Carlisle, PA 17015 <a href="http://www.dpw.state.pa.us">www.dpw.state.pa.us</a> (800) 358-8725 (717) 243-4014
SPECIAL KIDS NETWORK	Callers are connected to an information specialist who provides up-to-date information and referrals. These referrals are to statewide agencies and organizations that care for children with special health care needs.	Bureau of Family Health Health & Welfare Bldg. 625 Forster St. Harrisburg, PA 17120 1-800-986-4550
CHILD CARE RESOURCE DEVELOPERS		
CHILD CARE RESOURCE DEVELOPERS (CCRD)	A statewide initiative funded through the Pennsylvania Department of Public Welfare. Its purpose is to provide assistance and to expand the quality of early care and education through various grants and initiatives.	P.O. Box 3568 Williamsport, PA 17701 (570) 327-6949
CHILD CARE SUBSIDIES		
CHILD CARE NETWORK, INC.	Provides services to assist eligible working families in paying for childcare. This program is for children from birth until their thirteenth birthday.	1779 W. Trindle Road Suite 201 Carlisle, PA 17015 <a href="http://www.dpw.state.pa.us">www.dpw.state.pa.us</a> (800) 358-8725 (717) 243-4014

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## CHILDREN—MISSING

CHILD FIND OF AMERICA	Performs searches, offers networking and education on safety.	INFORMATION LINE (800) I AM LOST
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## CHILD SUPPORT

CUMBERLAND COUNTY DOMESTIC RELATIONS	Provides assistance in receiving child support, family support or spousal support.	13 N. Hanover St. Carlisle, PA 17013 (717) 240-6225
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## CLEFT LIP/CLEFT PALATE

CLEFT PALATE FOUNDATION	Provides information and referrals. Informational material will be sent to the caller which will discuss cleft palates and a list of the nearest support groups and clinics.	INFORMATION LINE (888) 677-6453
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## CLOTHING ASSISTANCE

CARLISLE FAMILY LIFE CENTER	Maternity, newborn layettes, infant supplies and diapers are available.	155 N. Hanover Street Carlisle, PA 17013 (717) 243-1918
BRETHREN IN CHRIST CHURCH	Clothing available 8:30 a.m. to 4:30 p.m. weekdays.	1155 Walnut Bottom Road Carlisle, PA 17013 (717) 243-1863
PREGNANCY RESOURCE CENTER OF CARLISLE	Provides formula, diapers, clothing, and furniture to individuals. In addition, pregnancy testing, counseling, support, and support groups are also available.	300 S. Hanover St. Carlisle, PA 17013 (800) 395-HELP

## COUNSELING (FAMILY & CHILDREN)

**\*\*THIS IS A MODIFIED LISTING OF COUNSELING PROVIDERS, IT IS RECOMMENDED THAT YOU GO TO A PHYSICIAN FOR A REFERRAL\*\***

CONTACT HELPLINE	Trained volunteers are there to listen and are non-judgmental. Advice or actual counseling is not provided, but information and referrals are offered.	P.O. Box 90035 Harrisburg, PA 17109 211 <a href="http://www.contacthelpline.org">www.contacthelpline.org</a> (717) 249-6226 (717) 652-4400
DIAKON FAMILY LIFE SERVICES	Provides non religious based counseling for adolescents, children, and families. Personal and interpersonal problems are discussed during the counseling session for either the individual or family.	960 Century Drive Mechanicsburg, PA 17055 <a href="http://www.DIAKON.org">www.DIAKON.org</a> (866) 700-6898 (717) 795-0330



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HOLY SPIRIT BEHAVIORAL HEALTH CENTER	This is strictly an outpatient counseling center. Patients see both psychologists and psychotherapists while being treated here. Family counseling is also available through this center.	503 North 21 <sup>st</sup> Street Camp Hill, PA 17011 <a href="http://www.hsh.org">www.hsh.org</a> (717) 763-2219
NORTH WEST HUMAN COUNSELING SERVICES	Provides counseling for individuals or families. Services also include case management, support, education and rehabilitation.	33 State Avenue Carlisle, PA 17013 (717) 243-0836
STAROBIN AND BLANC COUNSELING SERVICES	Adolescent, children and family counseling services are available.	1017 Mumma Road Suite 200 Wormleysburg, PA 17043 <a href="http://www.starobinandblanc.com">www.starobinandblanc.com</a> (717) 303-5960
<b>CRISIS INTERVENTION</b>		
CRISIS INTERVENTION — CARLISLE	Provides emergency crisis help to individuals of all ages in the Carlisle area.	Carlisle Regional Medical Ctr. 45 Spring Dr. Carlisle, PA 17013 (717) 243-6005
CRISIS INTERVENTION — CAMP HILL	Provides emergency crisis help, evaluations and recommendations for individuals of all ages in the Camp Hill area.	Holy Spirit Hospital 503 N. 21 <sup>st</sup> Street Camp Hill, PA 17011 <a href="http://www.hsh.org">www.hsh.org</a> (717) 763-2222
<b>DIABETES</b>		
AMERICAN DIABETES ASSOCIATION	The Diabetes Information and Action Line (DIAL) offer callers general information. Written information can be sent. Also, the Association can offer educational programs and support groups.	3544 North Progress Avenue Suite 103 Harrisburg, PA 17110 <a href="http://www.diabetes.org">www.diabetes.org</a> (800) 342-2383 (717) 657-4310
JUVENILE DIABETES RESEARCH FOUNDATION CENTRAL PA CHAPTER	A facility that raises money to fund research on diabetes. For children who are newly diagnosed with diabetes the JDRF sends a “bag of hope” which is an informational bag about diabetes.	900 S. Arlington Ave. Room 118 Harrisburg, PA 17109 <a href="http://www.jdrf.org">www.jdrf.org</a> (717) 901-6489

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## DOMESTIC VIOLENCE

DOMESTIC VIOLENCE SERVICES OF CUMBERLAND & PERRY COUNTIES	Provides family crisis shelter, family violence prevention, spousal abuse prevention, and a 24-hour hotline. Children's programs and referrals are also available.	P.O. Box 1039 Carlisle, PA 17013 <a href="http://www.dvscp.org">www.dvscp.org</a> (800) 852-2102 (717) 258-4806 (Carlisle)
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## DOWN SYNDROME

NATIONAL DOWN SYNDROME CONGRESS	Members receive a newsletter that is published 6 times a year, an annual convention and a biweekly newslines. There is also a resource coordinator who can provide needed information.	<a href="http://www.ndsccenter.org">www.ndsccenter.org</a> INFORMATION LINE (800) 232-6372
NATIONAL DOWN SYNDROME SOCIETY	Provides resources and referrals for parents. A database of information is available along with educational materials and local support groups.	INFORMATION LINE (800) 221-4602

## EARLY INTERVENTION FOR INFANTS/TODDLERS WITH DISABILITIES

CAPITAL AREA CHILDREN'S CENTER	Provide inclusive classroom education, developmental and physical therapies, and community-based instruction.	44 South 38 <sup>th</sup> Street Camp Hill, PA 17011 (717) 975-0611
CAPITAL AREA INTERMEDIATE UNIT	Developmental assessments and early intervention services are available to parents. Children can be eligible in the areas of communication, general development, and behavior or motor skills.	55 Miller Street Summerdale, PA 17093 <a href="http://www.caiu.org">www.caiu.org</a> (800) 244-2425 (717) 732-8400
CUMBERLAND & PERRY MENTAL HEALTH/ INTELLECTUAL AND DEVELOPMENTAL DIS.	Special services for children between the ages of birth and two years with developmental delays	Human Services Building 16 West High Street Suite 301 Carlisle, PA 17013 <a href="http://www.ccpa.net">www.ccpa.net</a> (717) 240-6320
INFANT DEVELOPMENT PROGRAM PINNACLE HEALTH	Provides parents with a wide range of therapies including developmental, physical, occupational, behavioral, and speech for children between the ages of birth and two years.	2645 North 3 <sup>rd</sup> Street Community Health Center Harrisburg, PA 17110 (717) 782-6880

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PENNSYLVANIA PARENTS AND CAREGIVERS RESOURCE NETWORK	Provides information, referrals and support to families across Pennsylvania. In addition they also have a newsletter, website and workshops for any questions that families or groups may have.	P.O. Box 4336 Harrisburg, PA 17111 (888) 572-7368
<b>EMERGENCY RELIEF</b>		
AMERICAN RED CROSS CUMBERLAND COUNTY CHAPTER	Provides individuals and families with disaster relief as well as relief to military families and veterans. In addition, CPR/First Aid training is offered for a fee. Emergency communication between the military and their families is available.	79 E. Pomfret Street Carlisle, PA 17013 <a href="http://www.cumberlandcountycarc.org">www.cumberlandcountycarc.org</a> (717) 243-5211
CHRIST AMONG NEIGHBORS	Provides crisis help including food, clothing, utilities, lodging and medical needs in the Shippensburg area. Community resource information and referrals also available.	130 S. Penn Street Shippensburg, PA 17257 (717) 532-7557
CUMBERLAND COUNTY ASSISTANCE OFFICE	There are emergency funds available for very low-income families and individuals.	33 Westminster Drive P.O. Box 599 Carlisle, PA 17013 <a href="http://www.dpw.state.pa.us.us">www.dpw.state.pa.us.us</a> (800) 269-0173 (717) 240-2700
JAMES WILSON SAFE HARBOUR	Provides emergency short-term shelter. Limited longer term shelter is available in hotel or motel units. This service is available to single females as well as single parent females with children.	110 West High Street Carlisle, PA 17013 <a href="http://www.safeharbouronline.wordpress.com">www.safeharbouronline.wordpress.com</a> (717) 249-2200
THE SALVATION ARMY CARLISLE, INC.	Provides families and individuals with emergency shelter.	20 East Pomfret Street P.O. Box 309 Carlisle, PA 17013 (717) 249-1411
<b>EMPLOYMENT</b>		
CUMBERLAND COUNTY CAREER LINK	Training and career planning are provided.	1 Alexandra Court Carlisle, PA 17013 (717) 243-4212
HOPE STATION	Runs the HIRE program, which prepares individuals for work. A "Family Savings Program" is also offered here.	149 West Penn Street Carlisle, PA 17013 <a href="http://www.hopestationcarlislepa.com">www.hopestationcarlislepa.com</a> (717) 249-5144



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SOUTH CENTRAL EMPLOYMENT CORP	Assistance in job searching and resume writing is available. A SEC office is located in the Cumberland County Career Link. In addition, summer employment for youth (ages 14 and up) is available through this program.	1 Alexander Court Carlisle, PA 17013 (717) 243-4212
TRI-COUNTY OPPORTUNITIES INDUSTRIALIZATION CENTER	Provides GED training as well as a family literacy program. In addition, there is also CNA training available in the Harrisburg office.	500 McClay Street Harrisburg, PA 17110 (717) 238-7318
<b>FINANCIAL ASSISTANCE &amp; COUNSELING</b>		
CUMBERLAND COUNTY ASSISTANCE OFFICE	Financial services that are available include cash assistance, food stamps and medical assistance. An application must be filled out to determine eligibility.	33 Westminster Drive P.O. Box 599 Carlisle, PA 17013 <a href="http://www.dpw.state.pa.us.us">www.dpw.state.pa.us.us</a> (800) 269-0173 (717) 240-2700
MARANATHA	Provides assistance in money management.	17 E. High Street Suite 104 Carlisle, PA 17013 <a href="http://www.maranatha-carlisle.org">www.maranatha-carlisle.org</a> (717) 258-1000
SAMARITAN FELLOWSHIP	Financial aid service for emergencies. Saturday mornings 8:00 to 10:00 a.m.	Carlisle United Methodist Church 45 S. West St. Carlisle, PA 17013
TODD BAIRD LINDSEY FOUNDATION	A financial aid service for emergencies for individuals ages 55 and up.	P.O. Box 724 Carlisle, PA 17013 (717) 486-4121
<b>FOOD ASSISTANCE</b>		
BIG SPRINGS AREA FOOD BANK	Provides food bank services for individuals and families in the Newville area.	Big Spring United Lutheran Church 101 Crossroad School Road Newville, PA 17241 (717) 766-5623
THE BRIDGE FOOD BANK	Provides food bank services for individuals and families in the New Cumberland area.	122 Geary Avenue New Cumberland, PA 17070 (717) 774-0409

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CHRISTIAN LIFE ASSEMBLY FOOD BANK	Provides food bank services for individuals and families in the Camp Hill area.	2645 Lisburn Road Camp Hill, PA 17011 <a href="http://www.christian-life.com">www.christian-life.com</a> (717) 737-6560
CUMBERLAND COUNTY ASSISTANCE OFFICE	Individuals and families apply here for food stamps in Cumberland County. The amount of food stamps received varies based on the income and size of the family.	33 Westminster Drive P.O. Box 599 Carlisle, PA 17013 <a href="http://www.dpw.state.pa.us.us">www.dpw.state.pa.us.us</a> (800) 269-0173 (717) 240-2700
CUMBERLAND COUNTY OFFICE OF AGING & COMMUNITY SERVICE	Provides information/referral services for persons age 60 and up. Programs offered include "Meals on Wheels" and area Senior Centers.	1100 Claremont Road Carlisle, PA 17015 <a href="http://www.aging@ccpa.net">www.aging@ccpa.net</a> (888) 697-0371 (717) 240-6110
THE KING'S KETTLE FOOD BANK	Provides food bank services for individuals and families in the Shippensburg area.	30 N. Fayette Street Shippensburg, PA 17257 (717) 530-9200
MT. HOLLY SPRINGS CHURCH OF GOD FOOD BANK	Provides food bank services for individuals and families in the Mt. Holly Springs area.	602 McLand Drive Mt. Holly, PA 17065 (717) 486-4818
NEW HOPE MINISTRIES FOOD BANK	Provides food bank services for individuals and families in the Mechanicsburg area.	5228 E. Trindle Road Mechanicsburg, PA 17050 <a href="http://www.nhm-pa.net">www.nhm-pa.net</a> (717) 766-7333
PROJECT SHARE	A food bank that does a monthly distribution of supplementary fresh groceries in the Carlisle area. Clothing is also available.	5 North Orange Street Suite 4 Carlisle, PA 17013 <a href="http://www.projectshare.net">www.projectshare.net</a> (717) 249-7773
THE SALVATION ARMY FOOD BANK	Provides walk-in emergency food services to families and individuals in the greater Carlisle area.	24 E. Pomfret Street Carlisle, PA 17013 (717) 249-1411
TAPESTRY OF HEALTH	A nutrition education program for parents and their families in Cumberland and Perry counties. Provides vouchers for specific foods. This agency was formerly called WIC.	401 E. Louthier Street Suite 104 Carlisle, PA 17013 <a href="http://www.fhccp.org">www.fhccp.org</a> (800) 882-8812 (717) 243-0523

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HEAD START		
CAPITAL AREA HEAD START	Comprehensive pre-school program that is center-based in Cumberland County. Education and social services are available.	3700 Vartan Way Harrisburg, PA 17011 <a href="http://www.keystonehumanservices.org">www.keystonehumanservices.org</a> (800) 750-8002 (717) 541-1795
SHIPPENSBURG HEAD START	Provides a home-based preschool education program. There is also medical and dental care, including follow-up support, available for families in the Shippensburg area.	Old Main 1871 Old Main Drive Shippensburg, PA 17257 (717) 477-1626
HEALTH CLINIC		
SADLER HEALTH CENTER CORP.	Provides medical and dental services for individuals with or without insurance. There is also a smoking cessation program. HIV and STD testing is available for anyone-no eligibility requirements.	100 N. Hanover Street Carlisle, PA 17013 <a href="http://www.sadlerhealth.org">www.sadlerhealth.org</a> (866) 723-5377 (717) 218-6670
HEALTH INSURANCE		
CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP) — BROUGHT TO YOU BY CAPITAL BLUE CROSS	A program for families that can't afford health insurance for their children. Almost all health care is included in CHIP and the coverage is either free or at a modest monthly premium.	<a href="http://www.capbluecross.com/chip">www.capbluecross.com/chip</a> INFORMATION LINE 1-800-543-7101
HEARING		
AMERICAN SPEECH LANGUAGE HEARING ASSOCIATION	An information line that will provide the caller with general information about hearing impairments. In addition, referral can be given to pathologists and audiologists in the caller's local area.	<a href="http://www.asha.org">www.asha.org</a> INFORMATION LINE (800) 638-8255
HOUSING		
CARLISLE OPPORTUNITY HOMES	This program provides homes for residents in the Carlisle and Mt. Holly Springs area.	60 W. Penn Street Carlisle, PA 17013 <a href="http://www.carlislehoc.org">www.carlislehoc.org</a> (717) 245-0516
CUMBERLAND VALLEY HABITAT FOR HUMANITY	This program offers an option to obtain an affordable home in exchange for actual work hours.	39 Heisers Lane Carlisle, PA 17013 <a href="http://www.cumberlandvalleyhfh.org">www.cumberlandvalleyhfh.org</a> (717) 258-1830

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FAMILY PUBLIC HOUSING	Offers affordable housing based on income to County residents.	60 W. Penn Street Carlisle, PA 17013 (717) 245-0516
HOMEOWNER'S MORTGAGE ASSISTANCE PROGRAM	Offers mortgages for first time homebuyers and financial assistance for mortgages in foreclosure.	114 N. Hanover Street Carlisle, PA 17013 (717) 780-3871
CUMBERLAND/PERRY HOUSING AND COMMUNITY PARTNERSHIP	Provides residents throughout Cumberland County with rental assistance according to their income. Credit counseling and first-time homebuyers home ownership programs are available.	114 North Hanover Street Suite 104 Carlisle, PA 17013 <a href="http://www.cchra.org">www.cchra.org</a> (717) 249-1315
JAMES WILSON SAFE HARBOUR	Provides housing to persons, according to their income, who need more long term care than a shelter provides.	110 W. High Street Carlisle, PA 17013 <a href="http://www.safeharbouronline.wordpress.com">www.safeharbouronline.wordpress.com</a> (717) 249-2200
THE SALVATION ARMY – STUART HOUSE	Provides traditional housing for eligible homeless families with children. Transitional program includes housing for up to one year. Programs available to assist the clients to work toward self-sufficiency and independent living.	20 East Pomfret Street P.O. Box 309 Carlisle, PA 17013 (717) 249-1411

## KIDNEY DISEASE

KIDNEY FOUNDATION OF CENTRAL PENNSYLVANIA	Provides educational information about kidney disease to both adults and children. Physician referrals and support group referrals are available as well as financial aid for a summer camp for children with kidney disease.	4813 Jonestown Road Suite 101 Harrisburg, PA 17109 <a href="http://www.kfcp.org">www.kfcp.org</a> (717) 652-8123
NATIONAL KIDNEY FOUNDATION	Provides kidney disease information and referrals to local physicians.	1107 Kenilworth Drive Suite 202 Towson, MD 21204 (888) 313-6667 (717) 757-0604

## LANGUAGE/SPEECH

AMERICAN SPEECH LANGUAGE HEARING ASSOCIATION	Provides up-to-date information and referrals to the nearest audiologists and pathologists.	<a href="http://www.asha.org">www.asha.org</a> INFORMATION LINE (800) 638-8255
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# CUMBERLAND COUNTY RESOURCE GUIDE FOR CHILD CARE PROVIDERS

EMPLOYMENT SKILLS CENTER	GED classes, basic computer classes, and TB411 classes, which are for pre-GED, are all offered here. There is also a men's and a women's survival class. Child Care is available on site.	29 South Hanover Street Carlisle, PA 17013 <a href="http://www.employmentskillscenter.org">www.employmentskillscenter.org</a> (717) 243-6040
KEYSTONE CHILDREN & FAMILY SERVICES	Provides home-based speech therapy usually for children from birth to age 5.	3700 Vartan Way Harrisburg, PA 17110 <a href="http://www.keystonehumanservices.org">www.keystonehumanservices.org</a> (717) 558-8450
<b>LEAD POISONING</b>		
LEAD POISONING	Provides information about the health effects of lead poisoning. Referrals work in conjunction with the PA Department of Health. Printed materials are also available upon request.	INFORMATION LINE (800) 440-LEAD
<b>LEGAL SERVICES</b>		
LAW CLINIC	This family law clinic is used by low-income families for cases including divorce, support, protection from abuse (PFA) and custody.	Penn State Dickinson School of Law 45 North Pitt Street Carlisle, PA 17013 (717) 243-3696
MID PENN LEGAL SERVICES	A private, non-profit, public-interest law firm, which provides legal services to low income persons and survivors of domestic violence in central Pennsylvania.	401 East Louther Street Carlisle, PA 17013 <a href="http://www.midpennlegal.org">www.midpennlegal.org</a> (800) 882-5288 (717) 243-9400
<b>LEUKEMIA</b>		
THE LEUKEMIA & LYMPHOMA SOCIETY	Referrals to family support groups, peer-to-peer programs, free literature and financial aid available for families dealing with leukemia. In addition, patient education and an information resource center is available.	Social Work Service Dept. P.O. Box 850 H068 500 University Ave. Hershey, PA 170133 (717) 531-4291
<b>LIBRARY SERVICES</b>		
AMELIA S. GIVIN LIBRARY	A lending library in the Mt. Holly Springs area.	114 North Baltimore Avenue Mt. Holly Springs, PA 17065 <a href="http://www.ameliagivinlibrary.org">www.ameliagivinlibrary.org</a> (717) 486-3688
BOSLER MEMORIAL LIBRARY	A lending library in the Carlisle area.	158 West High Street Carlisle, PA 17013 <a href="http://www.boslerlibrary.org">www.boslerlibrary.org</a> (717) 243-4642



# CUMBERLAND COUNTY RESOURCE GUIDE FOR CHILD CARE PROVIDERS

CLEVE J. FREDRICKSEN LIBRARY	A lending library in the Camp Hill area.	100 North 19 <sup>th</sup> Street Camp Hill, PA 17011 <a href="http://www.fredricksenlibrary.org">www.fredricksenlibrary.org</a> (717) 761-3900
EAST PENNSBORO BRANCH LIBRARY	A lending library in the Enola area.	Twنشp. Municipal Bldg. 2 <sup>nd</sup> fl 98 South Enola Drive Enola, PA 17025 <a href="http://www.eastpennsborobranch.org">www.eastpennsborobranch.org</a> (717) 732-4274
JOHN GRAHAM PUBLIC LIBRARY	A lending library in the Newville area.	9 Parsonage Street Newville, PA 17241 <a href="http://www.johngrahamlibrary.org">www.johngrahamlibrary.org</a> (717) 776-5900
JOSEPH T. SIMPSON LIBRARY	A lending library in the Mechanicsburg area.	16 North Walnut Street Mechanicsburg, PA 17055 <a href="http://www.simpsonlibrary.org">www.simpsonlibrary.org</a> (717) 766-0171
NEW CUMBERLAND PUBLIC LIBRARY	A lending library in the New Cumberland area.	1 Benjamin Plaza New Cumberland, PA 17070 <a href="http://www.newcumberlandlibrary.org">www.newcumberlandlibrary.org</a> (717) 774-7820
SHIPPENSBURG PUBLIC LIBRARY	A lending library in the Shippensburg area.	73 West King Street Shippensburg, PA 17257 <a href="http://www.shippensburglibrary.org">www.shippensburglibrary.org</a> (717) 532-4508
<b>LYME DISEASE</b>		
LYME DISEASE INFORMATION HOTLINE	This hotline provides information, prevention, current research and brochures about lyme disease and ticks. Also, referrals are available to local doctors.	INFORMATION LINE (800) 886-5963
<b>MEDICAL EXPENSE ASSISTANCE</b>		
CUMBERLAND COUNTY ASSISTANCE OFFICE	A discount prescription card is available for eligible individuals and families.	33 Westminster Drive P.O. Box 599 Carlisle, PA 17013 <a href="http://www.dpw.state.pa.us.us">www.dpw.state.pa.us.us</a> (800) 269-0173. (717) 240-2700

# CUMBERLAND COUNTY RESOURCE GUIDE FOR CHILD CARE PROVIDERS

## MEDICAL INFORMATION & REFERRALS

AMERICAN BOARD MEDICAL SPECIALTIES	A hotline that provides the caller with the qualifications and certifications of a doctor or physician.	<a href="http://www.abms.org">www.abms.org</a> INFORMATION LINE (866) 275-2267 (312) 436-2600
HEALTH CARE REFERRAL CENTER	Offers written information about various health topics and medications. In addition, referrals and detailed information about doctors associated with Holy Spirit Hospital are available.	Holy Spirit Hospital 503 North 21 <sup>st</sup> Street Camp Hill, PA 17011 (717) 763-2900
HEALTHY BABIES	Provides referrals for babies and will help parents to ensure that the baby is getting all of the necessary immunization shots. Also, parents can apply for the CHIP program through here. A prescreening process is done before applying for CHIP.	INFORMATION LINE (800) 986-BABY
HEALTHY KIDS	Provides referrals for kids and will help to ensure that the children have all necessary shots. In addition, parents can apply for the CHIP program through here. A prescreening process is done before applying for CHIP.	INFORMATION LINE (800) 986-5437

## MENTAL HEALTH

CUMBERLAND/PERRY MENTAL HEALTH SERVICES	Provides information and referrals to individuals in Cumberland County.	Human Services Building 16 West High Street Suite 301 Carlisle, PA 17013 <a href="http://www.ccpa.net">www.ccpa.net</a> (800)697-0371 (717) 240-6320
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## MENTAL RETARDATION

CUMBERLAND/PERRY MENTAL RETARDATION SERVICES	Provides information and referrals to individuals in Cumberland County. Case management for MR is in-house.	Human Services Building 16 West High Street Suite 301 Carlisle, PA 17013 <a href="http://www.ccpa.net">www.ccpa.net</a> (800)697-0371 (717) 240-6320
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## MULTIPLE SCLEROSIS

NATIONAL MULTIPLE SCLEROSIS SOCIETY CENTRAL PA CHAPTER	Provides programs and a "Keep Smiling" brochure that explains to children what MS is and what it means. In addition, there is also a 2-3 day camp that is available for the children of parents with MS.	2040 Lingelstown Road Suite 104 Harrisburg, PA 17110 <a href="http://www.nationalmssociety.org">www.nationalmssociety.org</a> (800) 227-2108
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# CUMBERLAND COUNTY RESOURCE GUIDE FOR CHILD CARE PROVIDERS

## NEW PARENT ASSISTANCE

CARLISLE REGIONAL MEDICAL CENTER WOMEN'S LIFE CENTER	A two-part class is offered here which covers basic baby care.	361 Alexander Spring Road Carlisle, PA 17013 Tammy Rohm (717) 960-3409
PARENT CHILD EDUCATION	There are a variety of "Preparation for Birth" classes which focus on childbirth and the role of the partner. There are also classes which focus on parenting. Some classes are general like "Baby Care Basics" while others are specific like "Twins, Triplets or More?"	Pinnacle Health Hospitals P.O. Box 8700 Harrisburg, PA 17105 (717) 221-6255
PARENTWORKS, INC.	Offers new parent education in the home teaching basic care, schedules, developmental milestones, and stress relief for parents.	50 Utley Drive, Suite 200 Camp Hill PA 17011 (717) 774-3673

## NUTRITION

PENN STATE COOPERATIVE EXTENSION – CUMBERLAND COUNTY	They have a Nutrition Information and Resource Center, which has a question and answer forum. In addition, they also have information on chronic diseases as well as sports nutrition.	310 Allen Road Suite 601 Carlisle, PA 17013 <a href="http://www.cumberland.extension.psu.edu">www.cumberland.extension.psu.edu</a> (717) 240-6500
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## PARENT GROUPS

PARENT TO PARENT OF PENNSYLVANIA	Matches parents to other parents with children that have the same or similar special needs. In addition, they are also an information and referral service.	6340 Flank Drive Suite 600 Harrisburg, PA 17112 <a href="http://www.parenttoparent.org">www.parenttoparent.org</a> (888)727-2706
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## PARENT-TO-PARENT NETWORKING

PENNSYLVANIA PARENTS AND CAREGIVERS RESOURCE NETWORK	Groups are formed for advocacy, support, education and inclusion of their children. The network provides information, referrals, and support to families with children and adults with developmental disabilities.	P.O. Box 4336 Harrisburg, PA 17111 <a href="http://www.ppcrn.org">www.ppcrn.org</a> (888) 572-7368
SPECIAL KIDS NETWORK	Links families of both children and adults with special needs to other families with similar health care needs.	<a href="http://www.specialkidsnetwork.org">www.specialkidsnetwork.org</a> INFORMATION LINE (847) 282-3171

# CUMBERLAND COUNTY RESOURCE GUIDE FOR CHILD CARE PROVIDERS

## PARENT/CHILD ACTIVITY GROUP

CARLISLE REGIONAL MEDICAL CENTER WOMEN'S LIFE CENTER	An informal play and discussion group for interaction with mothers and other babies.	361 Alexander Spring Road Carlisle, PA 17013 Tammy Rohm (717) 960-3409
PARENTWORKS, INC.	Offers Parent Education in the home for parents with children aged birth to five years. Parents learn about age appropriate activities, stress reduction, and getting children ready for school.	50 Utley Drive, Suite 200 Camp Hill PA 17011 (717) 774-3673

## PARENT/INFANT EXERCISE CLASS

PARENT CHILD EDUCATION	A "Tiny Touch Infant Massage" class is offered. For mothers and babies aged six weeks to six months old.	Pinnacle Health Hospitals P.O. Box 8700 Harrisburg, PA 17105 <a href="http://www.pinnaclehealth.org">www.pinnaclehealth.org</a> (717) 221-6255
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## PARENTAL VISITATION MONITORING

YWCA OF CARLISLE	Monitored visitation is offered to parents who have a court order or a Protection From Abuse (PFA). In order for the monitored visitation to take place both parties will have to go through a separate interviewing process.	301 G Street Carlisle, PA 17013 <a href="http://www.ywcacarlisle.org">www.ywcacarlisle.org</a> (717) 243-3818
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## PARENTING EDUCATION

PARENT EDUCATION NETWORK (PEN)	Parents of children with all special needs can receive information here. Also there are various workshops for parents to attend to develop educational and life plans for their children to best meet their needs.	2107 Industrial Highway York, PA 17402 (800) 522-5827
PARENTWORKS, INC.	Offers Parent Education in the home for parents with children aged birth to five years. Parents learn about age appropriate activities, stress reduction, and getting children ready for school.	50 Utley Drive, Suite 200 Camp Hill PA 17011 (717) 774-3673

## PARENTS OF DISABLED CHILDREN

PENNSYLVANIA PARENTS AND CAREGIVERS RESOURCE NETWORK	Information, referrals and support are available to the families of disabled children and adults. Also, there is a newsletter, website and workshops available to these families.	P.O. Box 4336 Harrisburg, PA 17111 (888) 572-7368
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# CUMBERLAND COUNTY RESOURCE GUIDE FOR CHILD CARE PROVIDERS

SPECIAL KIDS NETWORK	A networking program for the parents and families of disabled children. They offer a wide variety of support including support from other families.	INFORMATION LINE 1-800-986-4550
<b>PARKS/RECREATION AREAS</b>		
BUREAU OF STATE PARKS	Provides callers with educational information about state parks in Pennsylvania. They also provide various workshops along with a Youth Environmental Learning Series.	P.O. Box 8551 Harrisburg, PA 17105 <a href="http://www.dcnr.state.pa.us/stateparks">www.dcnr.state.pa.us/stateparks</a> (888) PA-PARKS
<b>POISON INFORMATION</b>		
PENN STATE POISON CENTER	Provides an information service about poisoning and overdosing. In addition, they also provide referrals to local treatment centers.	Milton Hershey Medical Center 500 University Drive MC H043 Hershey, PA 17033 (800) 222-1222
<b>RESOURCE &amp; REFERRAL</b>		
CONTACT HELPLINE	Provide referrals to a large number of services, agencies, support groups and hotlines for callers or readers of the CONTACT Resource Guide	P.O. Box 90035 Harrisburg, PA 17109 Call 211 <a href="http://www.contacthelpline.org">www.contacthelpline.org</a> (717)249-6226 (717) 652-4400
CHILD CARE INFORMATION SERVICES – CHILD CARE NETWORK	CCIS will assist families in obtaining financial assistance for child care. They also help identify childcare options and provide information to parents on how to select a childcare provider.	1779 W. Trindle Road Suite 201 Carlisle, PA 17015 <a href="http://www.dpw.state.pa.us">www.dpw.state.pa.us</a> (800) 358-8725 (717) 243-4014
<b>REYE’S SYNDROME</b>		
NATIONAL REYE’S SYNDROME FOUNDATION INC.	This is an informational line where parents can call to get information about Reye’s syndrome. Referrals are not given here.	426 North Lewis P.O. Box 829 Bryan, OH 4
<b>SEXUAL ASSAULT</b>		
RAPE CRISIS & DOMESTIC VIOLENCE SERVICES	Provides support groups as well as individual sessions.	YWCA of Greater Harrisburg 1101 Market Street Harrisburg, PA 17103 <a href="http://www.ywcahbg.org">www.ywcahbg.org</a> (800) 654-1211



# CUMBERLAND COUNTY RESOURCE GUIDE FOR CHILD CARE PROVIDERS

YWCA OF CARLISLE	They provide hospital, police, and court accompaniment. In addition, counseling is also available for the individual as well as any others who are involved.	301 G Street Carlisle, PA 17013 <a href="http://www.ywcacarlisle.org">www.ywcacarlisle.org</a> (717) 243-3818
<b>SPINA BIFIDA</b>		
SPINA BIFIDA PROGRAM	Provides 3 clinics a month for both children and adults. During these clinics the patients see specialists as well as a social worker. In addition, they also receive physical, speech and occupational therapy. Referrals to local camps are offered here.	Milton S. Hershey Medical Center 30 Hope Drive, EC020 Hershey, PA 17033 (717) 531-7522
<b>SUBSTANCE ABUSE</b>		
CUMBERLAND & PERRY DRUG & ALCOHOL COMMISSION	Provides prevention, intervention and treatment. Also referrals can be done here and if money is a problem for treatment they can assist with that. Books, videos, and pamphlets are all available through its lending library.	Human Services Building 16 West High Street, Ste 302 Carlisle, PA 17013 <a href="http://www.ccpa.net">www.ccpa.net</a> (717) 240-6300
<b>SUICIDE</b>		
HOLY SPIRIT CRISIS INTERVENTION	Provides suicide prevention as well as short-term support. In addition, counseling and referrals are also available.	503 North 21 <sup>st</sup> Street Camp Hill, PA 17011 <a href="http://www.hsh.org/behavioral-health">www.hsh.org/behavioral-health</a> (717) 763-2200
<b>TRANSPORTATION (LOCAL)</b>		
CUMBERLAND COUNTY TRANSPORTATION DEPARTMENT	Provides transportation from a person's home to their destination. There are factors that determine how much it will cost for a particular trip.	310 Allen Road Suite 201 Carlisle, PA 17013 <a href="http://www.ccpa.net">www.ccpa.net</a> (800) 315-2546 (717) 240-6340
<b>UTILITY ASSISTANCE</b>		
CUMBERLAND COUNTY ASSISTANCE OFFICE (LIHEAP)	Assistance is given to those individuals and families with paying their heating bills. This program only runs during certain months of the year.	33 Westminster Drive Carlisle, PA 17013 <a href="http://www.dpw.state.pa.us.us">www.dpw.state.pa.us.us</a> (800) 269-0173 (717) 240-2700
OPERATION HELP PENNSYLVANIA POWER & LIGHT	A program that assists families and individuals with paying their fuel bills. This program runs all year.	1801 Brookwood Street Harrisburg, PA 17104 (717) 249-2411 (717) 257-5707

# CUMBERLAND COUNTY RESOURCE GUIDE FOR CHILD CARE PROVIDERS

TODD BAIRD LINDSEY FOUNDATION	Assistance in paying for utilities including rent, mortgage, insurance and real estate taxes. This utility assistance service is only available to individuals ages 55 or older.	P.O. Box 724 Carlisle, PA 17013 (717) 486-4121
<b>VISION</b>		
VISION RESOURCES OF CENTRAL PENNSYLVANIA, INC.	Offers social services including education, support, escorting, mail reading and referrals. These services are not provided for children, they are for adults only.	1130 South 19 <sup>th</sup> Street Harrisburg, PA 17104 <a href="http://www.tricountyblind.org">www.tricountyblind.org</a> (717) 238-2531
<b>WEATHERIZATION</b>		
SOUTH CENTRAL COMMUNITY ACTION	Provides energy saving services for families to reduce the costs of heating and cooling.	153 North Stratton Street Gettysburg, PA 17325 <a href="http://www.sccap.org">www.sccap.org</a> (717) 334-7634